

Product Pairs: My Choice of Food

Fill in these tables for the pairs of foods you are finding out about.

Food Type	Choice (✓)	My Reason
Choice 1:		
Price:		
Choice 2:		
Price:		

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Product Pairs: My Choice of Food

Fill in this table for the pair of foods you are finding out about. The top two boxes are for you to draw a picture, or stick in a label, wrapper or photo.

Choice 1	Choice 2
Product:	Product:
This one costs:	This one costs:
The one I would choose to buy is: ...because:	



Food Product Pairs

Teacher's Notes

Summary	An activity that enables children to think about what influences their choice of foods.
Preparation activities	Buy a selection (ideally six or more) pairs of food products that highlight the food issue (s) you want to cover. Examples: If seasonal and local : bags of apples from UK and imported apples If fair-trade : a fair-trade or non fair-trade chocolate bar If organic : pairs of organic and non-organic fruits/vegetables
Activities	Set the products pairs out around the room, with their costs (an opportunity to examine food receipts!). Alternatively keep them at the front until after the whole-class discussion. Class discussion on reasons for choice of products – make a list on board. This may well include costs, appearance, etc Raise the issue about food miles. You could use: the PowerPoint Source to Sale at http://www.climatechoices.org.uk/pages/food1.htm and the worksheet Looking at Food Miles at http://www.climatechoices.org.uk/pages/food3.htm Ask the children to look at the product pairs, and find out how far they have travelled (children could look at just one pair, and share findings later) The children can then fill in the Food Pairs table(s), using whichever version you think is most appropriate. Children could use the website www.organiclinker.com/food-miles.cfm to see how far foods have travelled
Teacher info	Most children will be aware that factors like cost and appearance (of food and packaging) affect the shopping choices made by their parents/carers, but shoppers are increasingly looking at other things too. This is seen in the publicity supermarkets now give to organic, local and fair trade ranges.
Timing	Variable: 30mins – 1hr 30mins, depending on choice of food pairs
Resources	Food pairs and worksheets (two versions provided)
Curriculum links	Design and technology: evaluating products
Differentiation	The 'variables' being considered can be chosen to suit the ability of the children Children could consider just one food pair, or several