

## Thinking about Food

### Jemima's Food



Listen to the interview with Jemima about the food that she eats.

1. What does Jemima have for breakfast?
2. What does Jemima have for lunch?
3. How often does Jemima eat meat with her evening meal (supper)?
4. Does Jemima have a fridge?
5. How often does Jemima's mother go to the market?
6. How does Jemima cook her food?

Compare Jemima's food to yours.

7. What type of food do you eat?
8. How do you buy it?
9. Can you keep your food fresh for more than one day?
10. How do you prepare and cook your food?

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### A Market in Kenya



Listen to the description of the market in Kenya.

1. Where does the food come from?
2. Is the food packaged or loose in piles?
3. Are there any processed foods such as ready meals?
4. What is the meat like?
5. If you lived in Kenya, how often would you go shopping for meat?

Compare the market in Kenya to a supermarket in the UK.

6. How is the food packaged and displayed in a supermarket?
7. Is supermarket food just from nearby or from all over the world?
8. Is it just fresh food or are there other things on sale as well?
9. How often does someone from your family go shopping in the supermarket?